

INTENTIONAL PARENTING





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# From the Principal's Desk

### INTENTIONAL PARENTING IS A CALL TO LIVE DELIBERATELY

Dear Parents.

Thank you to those parents who attended our Salute The Parent evening last week. I'm sure that anyone who was there will agree that it was a very insightful and informative evening, not only about parenting through difficult times but parenting in general.

I'd like to build on that in today's article. In the rush of modern life—packed schedules, endless notifications, and ever-growing responsibilities—it's easy for even the most loving parents to drift into survival mode. We respond to what's urgent rather than what's truly important. But our children don't need perfect parents—they need present ones—this is something that I've mentioned several times before.

Intentional parenting is a call to live deliberately, making daily choices that reflect our deepest values and beliefs. It's not about doing more, but about doing what matters most—on purpose.

The Bible reminds us, "Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity..." (Ephesians 5:15-16, NIV). These verses speak directly into the heart of intentional living. Parenting with wisdom means not letting the pace of the world dictate the rhythm of our homes.

In her book Simplicity Parenting, Kim John Payne suggests that when we simplify our children's environments, schedules, and expectations, we give them the gift of focus, security, and connection. Slowing down doesn't mean stepping away from purpose—it means stepping more fully into it.

Jesus modelled this beautifully. Though His ministry was filled with demands, He often paused to engage with individuals—children included. "Let the little children come to me... for the kingdom of heaven belongs to such as these" (Matthew 19:14). This wasn't just about inclusion—it was intentionality in action.

Practical ways to live out intentional parenting:

- Establish tech-free zones: Create daily windows for undistracted conversation.
- Prioritize family rhythms: Dinner together, prayer time, and unhurried weekends are powerful.
- Check-in emotionally: Ask heart questions, not just logistical ones.
- Model the values you want to see: Integrity, patience, and grace are caught more than taught.

Dr. Andy Crouch, in his book The Tech-Wise Family, encourages parents to be the "nudging voice of wisdom" in a culture of noise. That begins when we ourselves tune into God's voice over the world's volume.

Let us be encouraged: it's not too late to start being intentional, even in small ways. One focused moment, one meaningful conversation, one prayer spoken together—it all adds up. As Psalm 127:3 reminds us, "Children are a heritage from the Lord..."

Let us steward them well, with love, presence, and purpose.

- Mr. Philip Theron, Principal

## Principal's Tea for the Grade II top achievers

On Friday, 23 May, Mr Theron and Mrs Schoonwinkel hosted a Principal's Tea for the Grade 11 top achievers. We celebrated their results from the past semester and encouraged them through prayer for the upcoming exams. May they continue to be faithful in their commitment to multiply their talents to the glory of God.

Well done Tristan Bastiaans, Bokang Mokoena, Danielle Naidoo, Maya Swanepoel, Anita Underwood, Hayley Padayachee, Kirsten Ludick, Tiyamike Dickinson, and Nicole Winckworth.











Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.





3 Months - Grade R **TWEETALIG 2026** 







High School (League Round 6) vs Pinnacle College Kyalami: Wednesday, 21 May:

u15B lost 6 - 0 2nd Team Drew 2 - 2

High School (League Round 6) vs Maryvale College: Wednesday, 21 May:

u154 lost 3 - 0

1st Team won 2 - 1

Congratulations to our First Team on an incredible unbeaten league season and finishing top of your league conference! Your hard work, determination, and teamwork have truly paid off. We're thrilled to see you advance to the ISSL quarterfinals in Term 3 and can't wait to cheer you on as you continue your journey through the playoffs. We're so proud of you-go team!"

### SACSSA SETHOR SIX-A-SIDE SOCCER HATIOMAL TOURNAMENT 2025

With 47 teams representing 8 SACSSA Regions, the SACSSA Senior Six-a-Side Soccer Championships took place at The Kings School West Rand, in Roodepoort, on Saturday, 18 May.

We thank all the officials who were responsible for making this a very successful tournament. These officials worked hard. A special word of appreciation to Zachary Zwart, the Tournament Referee, and Coen Meyer, the Age Group Referee, who kept a tight reign on proceedings and helped to lift the standard of the Tournament. A special word of appreciation to aQuellé which sponsored water for every official and player. Congratulations to all the teams and especially to those teams who were awarded at the end of the day with medals and trophies.

We want to thank The King's School West Rand for an excellent venue and facilities, and their wonderful service. by: Johan du Plessis - SACSSA National Co-ordinator

Five of our teams in the u15 / u17 / u19 and u19G age groups competed in a pool stage to gualify for the playoffs later that afternoon

Well-done to 3 of our teams who qualified for the afternoon semi-final playoffs and finished as follows:

- u19 Boys 4th place
- u19 Girls 4th place
- U17 team -Led by Manager Mandla Dube and Coach Jordan Harvey. our U17 boys won their final to be crowned SACSSA 6-@-side National Champs.

Please note we will be hosting the SACSSA JUNIOR SIX-A-SIDE SOCCER TOURNAMENT at TKSWR on Saturday 7 June 2024 with our U9, U11 U13 x 2 and u13 Girls teams competing.



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## Netball

On Saturday, 17 May, our HS Netball teams (U15A, U17, and U19) participated in the SACSSA tournament, competing against seven other schools. Huge congratulations to the U15 and U19 teams for an outstanding performance, claiming silver medals



in 2nd place! Well done to the coaches for their dedication and expertise. A big shoutout to the U17 team for their diligence and commitment on the court - great effort.



Friendly Reminder: School fees must be paid in advance, before the 7th of each month, 12 Months of the year.





RODNEY UNDERWOOD **26 MAY** 



**EVA WILLIAMS 27 MAY** 



GERALDINE HIDE **28 MAY** 



STACEY LOMBAARD 30 MAY



NICOLENE LE ROUX **30 MAY** 



**CONGRATULATIONS Teacher Anne** Graduation - Honours in Education.





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### MAY 2025

| Sunday          | Monday                       | Tuesday | Wednesday         | Thursday  1 Workers' Day              | Friday  2 School Holiday           | Saturday  3 GR11-12 Hike              |
|-----------------|------------------------------|---------|-------------------|---------------------------------------|------------------------------------|---------------------------------------|
|                 |                              |         |                   |                                       | week                               | GRT1-12 Flike                         |
| 4               | 5                            | 6       | 7                 | 8                                     | 9                                  | 10                                    |
|                 | Winter uniform compulsory    |         |                   | GR10 Elevate study<br>skills workshop | Food Truck<br>/Braai Evening       | GR12 Accounting<br>workshop           |
|                 |                              |         |                   | Artistatue                            | Artistatue<br>Mini soccer festival |                                       |
| 11 Mother's Day | 12                           | 13      | 14                | 15                                    | 16                                 | 17                                    |
|                 | IP Blue certificate Assembly |         |                   |                                       | HS Prefect applications            | SACSSA Snr Netball                    |
|                 | HS Prefect application       |         |                   | Aitken & Boden Senior                 | close<br>Aitken & Boden Senior     | Aitken & Boden Senio                  |
|                 |                              |         |                   | Girls Hockey Festival                 | Girls Hockey Festival              | Girls Hockey Festival                 |
|                 |                              |         |                   |                                       | Mini soccer festival               |                                       |
| 18              | 19                           | 20      | 21                | 22                                    | 23                                 | 24                                    |
|                 |                              |         |                   | Salute the Parent                     | HS Prefect Training                | SACSSA Snr Soccer<br>PS Nova Soccer & |
|                 |                              |         |                   |                                       | Mini soccer festival               | Netball Festival                      |
| itken & Boden   |                              |         |                   |                                       |                                    |                                       |
| 25              | 26                           | 27      | 28                | 29                                    | 30                                 | 31                                    |
|                 | GR10-11 Exams                |         | GR4-9 Exams start | Ascension Day                         |                                    | SACSSA Jnr Netball                    |
|                 | start                        |         |                   | I                                     |                                    |                                       |

| JUNE 2025  Sunday Monday Tuesday Wednesday Thursday F  2 3 4 5 6     | Friday Saturday                 |
|--|---------------------------------|
| 1 2 3 4 5 6  |                                 |
|  | 7                               |
|  | SACSSA Jnr Soccer               |
| start  |                                 |
| 8 Pertocost 9 10 11 12 13 GR4-7 E                                    | 14<br>Exams End                 |
| 15 Father's Day 16 Youth Day 17 18 19 20 8                           | ichool Closes 21                |
|  | Exams end Assessments orts out  |
| 22 23 24 25 26 27 27 28 29 27 29 29 29 29 29 29 29 29 29 29 29 29 29 | 28 Waterstone Soccer Tournament |
| 29 30  Noticellos Societ  Milliantinos Societ  Milliantinos Societ   |                                 |

|  | JULY 2025                      |                     |                            |                       |  |                                |                                      |  |  |  |
|--|--------------------------------|---------------------|----------------------------|-----------------------|--|--------------------------------|--------------------------------------|--|--|--|
| 1  | Sunday                         | Monday              | Tuesday                    | Wednesday             | Thursday                                       | Friday                         | Saturday                             |  |  |  |
| State of Sta |                                |                     | 1                          | 2                     | 3  | 4                              | 5                                    |  |  |  |
| C  | 6                              | 7                   | 8                          | 9                     | 10   | 11                             | 12                                   |  |  |  |
| Company Species  | 13                             | 14                  | 15 School starts<br>Term 3 | 16 Extra Murais start | 17   | 18<br>Mandela Day              | 19<br>PS Hockey festival             |  |  |  |
| CO. CO.  | 20                             | 21 Reports released | 22                         | 23                    | 24<br>Lus vir Lees<br>5-8pm Parents<br>evening | 25 GR11 Prefect Applicant camp | 26<br>GR11 Prefect<br>Applicant camp |  |  |  |
| 1  | 27 GR11 Prefect Applicant camp | 28                  | 29<br>LRC Training         | 30<br>Book sale       | 31<br>Book sale                                |                                |                                      |  |  |  |