

skills



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# From the Principal's desk

An educational imperative from Nursery School right up to Matric is to progressively move students from other-regulation to self-regulation. Every child, at a young age, is other-regulated, as their mothers will regulate feeding times, play times, sleep times, bath times, pretty much everything that their child does. But as the child gets older, it is vital that children start to learn self-regulation skills, also called executive functioning skills. These skills will boost children's responsibility, decision-making and achievement levels.

Unfortunately, in the modern age, hyperparenting often inhibits this learning process (hyperparenting is child-rearing in which parents become too involved in the micro-management of their children's lives). At The King's School, we partner with parents to train children of all ages to learn and master self-regulation skills like:

- initiation skills (getting started on a task without external prompting)
- organising skills (workspace and materials)
- prioritising skills (deciding on sequence of tasks)
- listening actively (listening with intent to action)
- staying on task until completion

The teaching of any of these skills will take time and practice, but requires motivation, extended feedback, patience and the joint efforts of school and parents. Parents, resist the temptation to intervene in challenges that your child can solve themselves with a little guidance and set tasks for them to practice each skill. Remember that children learn resilience by persevering through difficult challenges, and our tendency to protect them by helicopter parenting is not helpful.

## Prayer DAY

It is with great excitement that we announce our first Prayer Day of the year for our learners, lead by Pastor Ashley Augustine.

> WHEN: 16 FEBRUARY 2022 TIME: 07:30 UNTIL 09:30 THEME: "FIRST FRUITS"

"Seek ye first the Kingdom of God and His righteousness and all these things shall be added unto you". Matt 6:33

### WINNERS OF THE INTERHOUSE ATHLETICS......



### WINNERS OF SPIRIT TROPHY ...... SAPPHIRE HOUSE



**Please Note:** In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.



### HIGH SCHOOL FLORIDA ATHLETICS FRIENDLY

On Friday we took 49 athletes to Hoërskool Florida for our first external Athletics competition in two years. The busload of learners and teachers was full of excitement and nerves as we looked forward to good healthy competition from the following schools:

Hoërskool Florida; Krugersdorp High School; Crawford Ruimsig; Hoërskool Hartbeesport and Hoërskool Roodepoort.

Unfortunately the weather did not play its part on Friday and shortly after the competition began, lightning and rain forced us all off the athletic field. The weather never improved and the host school eventually cancelled the event. We thank Ms Di Woolley of Hoërskool Florida for the invite and all the work she and her team put in to host the day.

#### We achieved some good results on the events completed:

Atlehang Mohlabane – placed 6th – U15 Girls High Jump
Tumelo Lesela – placed 6th – U17 Boys High Jump
Musa Nkosi – placed 7th – U19 Girls Long Jump
Gundo Nwedo – placed 3rd – U19 Boys Long Jump
Reboane Motsoetla – placed 4th – U19 Boys Long Jump
Tristan Bastiaans – placed 1st – U15 Boys Shot Put
Stuart Bain – placed 6th – U15 Boys Shot Put
Mia Beckmann – placed 5th – U16 Girls Javelin
Dean Rapp – placed 5th – Boys U16 Javelin
Mario Gomez – placed 6th – Boys U16 Javelin
Jason Rapp – placed 7th – Boys U16 Javelin





Well done to all our athletes!

High School

#### Please take note of & diarise the following important Athletic dates:

- Friday 18 February 2022 Roodepoort Cluster Championships at Hoërskool Roodepoort
- Friday 25 February 2022 D12 Championships at Ruimsig Athletics Stadium
- Friday 4 March & Saturday 5 March Gauteng High School Championships at Germiston Stadium

#### Primary School

- Friday 11 February 2022 Inter-Schools Cluster at Hoërskool Noordheuwel
- Monday 14 February 2022 Roodepoort Championships at Ruimsig Stadium
- Wednesday 16 February 2022 D12 Championships at Ruimsig Stadium
- Friday 11 & Saturday 12 March 2022 Gauteng Primary School Championships at Germiston Stadium



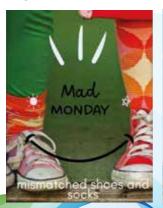
HES

Khodani Nwedo participated at the National Schools Championship where he played 6 games and won 5. He formed part of the Gauteng U13 (Boys) Chess team that came first and received the Gold Medal. We thank God for their success!

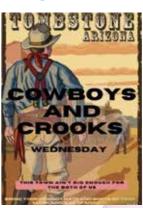


### fun Week

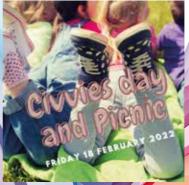
It's that time of the year again! Our Annual Fun Week is fast approaching and promises to be full of fun and laughter. Our themes for this year are Mad Monday (mismatch shoes and socks), Beach Bash Tuesday (plakkies, sunglasses, hats etc), Cowboy and Crooks Wednesday (get your bits and hats and money bags), Shine bright like a diamond Thursday (bring your bling) and Civies for Friday. Please note, learners are still required to wear their school uniform but may accessorize according to the themes given.











Friendly Reminder: School fees must be paid in advance, before the 7th of each month, 12 Months of the year.

#### IT'S COMPETITION TIME! WIN! MINI MINI WHO WILL BE THE WINNING CLASS?

CLOVER & THE KING'S SCHOOL WEST RAND IS RUNNING AN AWESOME COMPETITION FROM THE RUIMSIG SUPER SPAR

BUY ANY TWO OF THE FOLLOWING PRODUCTS AND KEEP YOUR SLIP.

WRITE YOUR CHILD'S NAME AND SURNAME, TELEPHONE NUMBER AND CLASS TEACHER.

HAND IT BACK TO THE TEACHER BEFORE 28 FEBRUARY 2022.

THERE IS A PRIZE FOR THE LEARNER WITH THE MOST TILL SLIPS / ITEMS BOUGHT AND A CLASS PRIZE FOR THE CLASS WITH THE MOST TILL SLIPS/ITEMS BOUGHT.

REA IS RUNNING AND COLLECTING SLIPS ON A DAILY BASIS! PARENTS, LET'S GET SHOPPING! MAY THE BEST CLASS WIN!

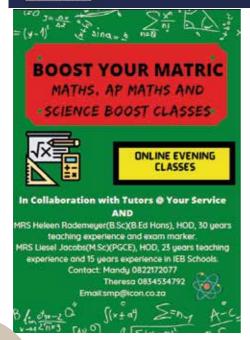
**#WIN#PRIZE #CLASSCOMPETION** #RUIMSIGSUPERSPAR **#CLOVER** 













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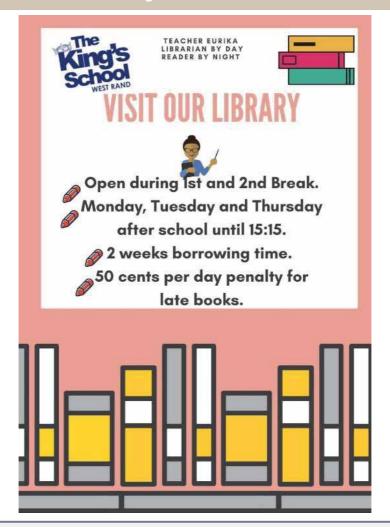
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